

Limestone Students, Staff, and Faculty will have access to the PE Center this summer at the convenience of the Strength & Conditioning Coach. As in the past, absolutely no keys will be distributed this summer, and Coach Lamb must be present when the center is in use. The summer hours are as follows:

Monday 7am to 9am & 5:30pm to 7:30pm  
Tuesday 7am to 9am & 5:30pm to 7:30pm  
Wednesday 7am to 9am & 5:30pm to 7:30pm  
Thursday 7am to 9am & 5:30pm to 7:30pm  
Friday 7am to 9am  
Sat - Sun Closed

Lunch time workouts (11am to 1 pm) are by appointment only (Monday - Thursday) and there is a 5 person minimum needed for the room to open at these times. For questions concerning the hours and usage of the facility please contact Curt Lamb at ext 8354.