

## Representing Outside Teams

### Baseball

There are no limits on the number of players from the Limestone College baseball team that may play on the same outside team. Competition on an outside amateur baseball team may only occur during the summer months or during vacation periods which are outside of Limestone College's declared playing or practice season. Competition on an outside team during any other part of the academic year will render the student-athlete ineligible for the remainder of that academic year and the following academic year.

### Basketball

**Maximum Number of Student-Athletes on Outside Team.** Following is the maximum number of student-athletes from the same member institution with eligibility remaining who may compete on an outside team:

- (a) State or national multisport events—2 (during the academic year).
- (b) Foreign tour (outside team or all-star team)—2.
- (c) Olympic and national team development programs and competition—No limitations.
- (d) Summer basketball team—No limitations.

### Soccer

**In Season.** A student-athlete shall be denied eligibility for intercollegiate soccer competition for the remainder of the season if, after enrollment in college and during any year in which the student-athlete is a member of an intercollegiate soccer squad or team, he or she competes or has competed as a member of any outside soccer team in any noncollegiate, amateur competition (e.g., tournament play, exhibition games or other activity) during the institution's intercollegiate soccer season.

**Out of Season.** There are no limits on the number of student-athletes with eligibility remaining in intercollegiate soccer who may practice or compete out of season on an outside, amateur soccer team.

### Softball

**In Season.** A student-athlete shall be denied eligibility for intercollegiate softball competition for the remainder of the season if, after enrollment in college and during any year in which the student-athlete is a member of an intercollegiate softball squad or team, she competes or has competed as a member of any outside softball team in any noncollegiate, amateur competition (e.g., tournament play, exhibition games or other activity) during the institution's intercollegiate softball season.

**Out of Season.** There are no limits to the number of student-athletes with eligibility remaining in intercollegiate softball who may practice or compete out of season on an outside, amateur softball team.

### Swimming

**In Season.** A student-athlete shall be denied eligibility for intercollegiate swimming and diving competition for the remainder of the season if, after enrollment in college and during any year in which the student-athlete is a member of an intercollegiate swimming and diving squad or team, he or she competes or has competed as a member of any outside swimming and diving team in any noncollegiate, amateur competition (e.g., team invitational meets, exhibition meets or other activity) during the institution's intercollegiate swimming and diving season .

**Out of Season.** There are no limits on the number of student-athletes with eligibility remaining in intercollegiate swimming and diving who may practice or compete out of season on an outside, amateur swimming and diving team.

**Summer-Workout Sessions.** A coach may participate in individual-workout sessions with student-athletes from the coach's team during the summer, provided the request for such assistance is initiated by the student-athlete. It is not permissible for the institution to pay fees for the use of a facility.

### Volleyball

**In Season—Women.** A student-athlete shall be denied eligibility for intercollegiate volleyball competition for the remainder of the season if, after enrollment in college and during any year in which the student-athlete is a member of an intercollegiate volleyball squad or team, he or she competes or has competed as a member of any outside volleyball team in any noncollegiate, amateur competition (e.g., tournament play, exhibition games or other activity) during the institution's intercollegiate volleyball season.

**Out of Season—Women.** There are no limits on the number of student-athletes with eligibility remaining in intercollegiate volleyball who may practice or compete out of season on an outside, amateur volleyball team.

### Wrestling

**In Season.** A student-athlete shall be denied eligibility for intercollegiate competition for the remainder of the season in the sport of wrestling if, after enrollment in college and during any year in which the student-athlete is a member of an intercollegiate wrestling squad or team, he or she competes or has competed as a member of any outside wrestling team in any noncollegiate, amateur competition (e.g., team invitational meets, exhibition meets or other activity) during the institution's intercollegiate wrestling season (see Bylaw 14.7.5 for exceptions and waivers).

**Out of Season.** There are no limits on the number of student-athletes from the same member institution with eligibility remaining in intercollegiate wrestling who may practice or compete out of season on an outside, amateur wrestling team.

**Summer-Workout Sessions.** A coach may participate in individual-workout sessions with student-athletes from the coach's team during the summer, provided the request for such assistance is initiated by the student-athlete. It is not permissible for the institution to pay fees for the use of a facility.

### All Other Sports

Limitations on the number of student-athletes only apply to representing an outside team during the academic year vacation periods that are outside the declared playing and

practice season. Competition on an outside team may only occur during the summer months or during vacation periods that are outside Limestone College's declared playing and practice season for your sport. Competition on an outside team during any other part of the academic year will render you ineligible for the remainder of that academic year and the following academic year.

#### Olympic and National Team Development Program

There are no limits on the number of student-athletes from the same institution who may participate in Olympic and national team development programs. Such programs may also include a coach and student-athlete from the same institution provided:

- The national governing body (NGB) conducts and administers the developmental program.
- The NGB selects coaches involved in the developmental program; and
- The NGB or the selected coaches select the involved participants.